

PROGRAMME OF EVENTS SEPTEMBER / OCTOBER 2026

MONDAYS

1st Monday of the month – Afternoon Walk

Meet 12.30 pm, Discovery Retail Park (Wickes), NP20 5GN.

2nd, 4th and 5th Monday – Indoor Event

Guest speaker, slide show, quiz, etc.

Meet 6.45 for 7 pm, Ridgeway Community Centre, Ridgeway Hill, NP20 5DG.

Refreshments provided.

3rd Monday – Evening Walk 7 pm start.

Optional drink and chat afterwards.

THURSDAYS

Every Thursday – Evening Walk 7 pm start.

Optional drink and chat afterwards.

WEEKEND WALKS

Countryside walks of 6 to 12 miles, in areas within about 1 hour of Newport. Bring sandwiches, a drink, torch (in winter) and appropriate footwear and clothing.

Meet at the Discovery Retail Park (Wickes), NP20 5GN, usually at 9.30 am.

WEEKENDS AWAY

Weekend walking trips away, once a month.

Usually 2 nights, occasionally longer, e.g. bank holidays.

A bargain at around £30 per night, staying at independent or YHA youth hostels.

Led walking in the scenic beauty of the UK – Why not try it?

Contact our Booking Officer, Alan (alanrichardlucas@hotmail.com)

FURTHER DETAILS OF ALL EVENTS IN THE NEWSLETTER on Tuesdays from joanna.r.steiner@gmail.com and **WEEKEND TRIP EMAILS** on Wednesdays from lesley_mooney@hotmail.co.uk

Facebook www.facebook.com/groups/newportoutdoorgroup

Website newportoutdoorgroup.co.uk

Walk Grade	Easy 	Moderate 	Strenuous 
IMPORTANT	Please arrange your own transport to weekends away – we usually 'car share'.	Dogs must be on a lead at all times. Walk information will state whether it needs to be a short lead.	Occasionally, NOG events may change. Please listen to announcements at NOG events, read emails sent to you, ask a committee member, check the website or Facebook.

PARTICIPATION STATEMENT

All walks and outdoor activities carry risks of accident or injury. Participants should be aware of and accept these risks and be responsible for their own actions. Participants should also ensure that they are in good health, of sufficient fitness and have the correct clothing and equipment for a particular activity. Any questions – ask a committee member or event leader.

ESSENTIAL EQUIPMENT - WEEKEND WALKS AND TRIPS AWAY

1. Waterproof jacket (and trousers) plus warm clothing
 2. Stout shoes or boots
 3. Thermal gloves, hat, first aid kit, whistle and survival bag
 4. Food, drink, map, compass, torch and mobile phone
- NB. The tougher and longer the walk, or if the walk is in the mountains and/or in winter, please bring all or more of the above equipment. Haven't got all of it? Ask a committee member or the walk leader beforehand – perhaps you could borrow some.

PROGRAMME ENQUIRIES

Ask joanna.r.steiner@gmail.com or, if about a weekend away, alanrichardlucas@hotmail.com

SEPTEMBER 2026

In the event of particularly wet or adverse weather, look for changes announced on email and Facebook.

Thursday 3rd	Penhow Circular Adrian W leads us on a 3.5-mile walk through fields, woodland and lanes. Starts 7 pm.	
Saturday 5th	Twmbarlwm Join Oliver on a walk up Twmbarlwm from Risca. Meet 10am at Lidl in Risca.	
Monday 7th	Don't Meet Your Waterloo at Nash! A 3-mile flat walk from Nash village with Alan. Starts 7 pm.	
Thursday 10th	Evening Walk Starts 7 pm. Details by emailed newsletter or Facebook.	
Sunday 13th	Llangatwg Escarpment and Nature Reserve Ian takes us on one of the most beautiful walks in South Wales, with spectacular views. 9 miles. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN.	
Monday 14th	Twin Twilight Views from Llanhennock A down, an up and a ridge, courtesy of Ian. Starts 7 pm.	
Thursday 17th	Evening Walk Starts 7 pm. Details by emailed newsletter or Facebook.	
Saturday 19th	Ludlow Railway Trip and Walk Catch the train to Ludlow with Ian, then choose a 6-mile or 3-mile walk, or just a wander round the town, before a pub meal and a train ride home. Leave Newport between 8am and 9am.	
Monday 21st	Chris, a Canal and a Park 4 flat miles from Cross Keys, with 'an up and a down'. Starts 7 pm.	
Thursday 24th	Evening Walk Starts 7 pm. Details by emailed newsletter or Facebook.	
Sat 26th / Sun 27th	Walk with Chris N - Details TBC Meet 9.30 am, Discovery Park (Wickes), NP20 5GN.	TBC
Monday 28th	Three Blackbirds and Three Miles A nearly flat, part-canal walk with swans, geese, and Ian. Starts 7 pm.	

OCTOBER 2026

In the event of particularly wet or adverse weather, look for changes announced on email and Facebook.

Thursday 1st	Evening Walk Starts 7 pm. Details by emailed newsletter or Facebook.	
Saturday 3rd	BEAT the Beacons The second of our annual challenge walks, raising money for the Brecon Mountain Rescue Team. To volunteer to help out on the day, contact Ian.	
Monday 5th	Afternoon Walk Meet 12.30 pm, Discovery Park (Wickes), NP20 5GN. Details to follow.	
Thursday 8th	Annual General Meeting Come along to the Rhiwderin Community Centre at 7pm, to hear news of NOG activities and contribute to future plans.	
Saturday 10th	Llanfrechfa Walled Garden and Blaen Bran Walk Join Debbie for a 3-4 mile walk in Blaen Bran community woodland, followed by a wander round the walled garden and questions with volunteer Angela. Starts 11am.	
Sunday 11th	Autumn Colour in Dursley Cliff from SG Ramblers and Chris N co-lead a joint 10-mile walk with several points of historical interest, lovely views and a splash of autumn colour. Meet 9.15 am, Discovery Park (Wickes), NP20 5GN.	
Monday 12th	Indoor Event Starts 7 pm at Ridgeway Community Centre, Ridgeway Hill, NP20 5DG. Details to follow.	
Thursday 15th	Evening Walk Starts 7 pm. Details by emailed newsletter or Facebook.	
Saturday 17th	A Walk Among the Wax Caps A short guided walk through a nature reserve in St Brides Major to see wax cap fungi. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN.	
Monday 19th	Evening Walk Starts 7 pm. Details to follow.	
Thursday 22nd	Evening Walk Starts 7 pm. Details by emailed newsletter or Facebook.	
Saturday 24th	A Cotswold Loop from North Nibley Follow part of the Cotswold Way with Alan, on a 10-mile walk with some outstanding viewpoints Meet 9.30 am, Discovery Park (Wickes), NP20 5GN.	
Monday 26th	Indoor Event Starts 7 pm at Ridgeway Community Centre, Ridgeway Hill, NP20 5DG. Details to follow.	
Thursday 29th	Evening Walk Start 7 pm. Details by emailed newsletter or Facebook.	
Sunday 1st Nov	Around Ochrwyth Explore Ochrwyth with Chris H on this moderate, 8-mile walk. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN.	

