






PROGRAMME OF EVENTS JUNE - AUGUST 2026











<p><u>MONDAYS</u></p> <p>Every Monday - Evening Walk 7 pm start Usually 3 to 4.5 miles. Optional drink and chat afterwards.</p> <p><u>THURSDAYS</u></p> <p>Every Thursday – Evening Walk 7 pm start Usually 3 to 4.5 miles. Optional drink and chat afterwards.</p> <p>N.B. From September to March, Mondays include some indoor events.</p>	<p><u>WEEKENDS</u></p> <p>Countryside walks - 6 to 12 miles, in areas within about 1 hour of Newport. Bring sandwiches, a drink and appropriate footwear and clothing.</p> <p>Activities and events - Examples include foraging, visits to nature reserves and day trips to markets.</p> <p>Meet at the Discovery Retail Park (Wickes), NP20 5GN, usually at 9.30 am.</p> <p>Some walks are joint with South Gwent Ramblers (SGR).</p>
<p><u>WEEKENDS AWAY</u></p> <p>Weekend walking trips away, once a month. Usually 2 nights, occasionally longer, e.g. bank holidays. A bargain at around £30 per night, staying at independent or YHA youth hostels.</p> <p>Led walking in the scenic beauty of the UK – Why not try it?</p> <p>Contact our Booking Officer, Alan (alanrichardlucas@hotmail.com)</p>	
<p>FURTHER DETAILS OF ALL EVENTS IN THE NEWSLETTER on Tuesdays from joanna.r.steiner@gmail.com and WEEKEND TRIP EMAILS on Wednesdays from lesley_mooney@hotmail.co.uk</p> <p>Facebook www.facebook.com/groups/newportoutdoorgroup Website newportoutdoorgroup.co.uk</p>	

Walk Grade	Easy 	Moderate 	Strenuous 
IMPORTANT	Please arrange your own transport to weekends away – we usually ‘car share’.	Dogs must be on a lead at all times. Walk information will state whether it needs to be a short lead.	Occasionally, NOG events may change. Please listen to announcements at NOG events, read emails sent to you, ask a committee member, check the website or Facebook.
<p>PARTICIPATION STATEMENT</p> <p>All walks and outdoor activities carry risks of accident or injury. Participants should be aware of and accept these risks and be responsible for their own actions. Participants should also ensure that they are in good health, of sufficient fitness and have the correct clothing and equipment for a particular activity. Any questions – ask a committee member or event leader.</p>			
<p>ESSENTIAL EQUIPMENT - WEEKEND WALKS AND TRIPS AWAY</p> <ol style="list-style-type: none"> 1. Waterproof jacket (and trousers) plus warm clothing 2. Stout shoes or boots 3. Thermal gloves, hat, first aid kit, whistle and survival bag 4. Food, drink, map, compass, torch and mobile phone <p>NB. The tougher and longer the walk, or if the walk is in the mountains and/or in winter, please <u>bring all or more</u> of the above equipment. Haven’t got all of it? Ask a committee member or the walk leader beforehand – perhaps you could borrow some.</p>			
<p>PROGRAMME ENQUIRIES</p> <p>Ask joanna.r.steiner@gmail.com or, if about a weekend away, alanrichardlucas@hotmail.com</p>			

JUNE 2026

Details for Mondays and weekends are usually included in the programme. Thursdays are usually planned a week or two in advance.















In the event of particularly wet or adverse weather, look for changes announced on email and Facebook.

Monday 1st	No walk planned yet To volunteer to lead a walk, please contact Joanna. N.B. We have a weekend away from Fri 29th May to Wed 3rd June	
Thursday 4th	The Canal and the Railway Tavern (Risca) Join Oliver for a 4-mile, easy walk by the River Ebbw and the canal. Start 7 pm.	
Saturday 6th / Sunday 7th	No walk planned yet To volunteer to lead a walk, please contact Joanna.	
Monday 8th	Penyrheol Circular Alan takes us on a 3.5-mile walk from Griffithstown to Penyrheol and back. Start 7 pm.	
Thursday 11th	Newport Wetlands Merv leads us on a walk that takes in the wetlands. Start 7 pm.	
Saturday 13th	A Tour of Belle Vue Park Join Stella and park staff to learn more about the history of this beautiful park. Start 1pm.	
Monday 15th	Penhow Castle Ian takes us on a 'fields and country lanes' walk, passing the castle. Start 7 pm.	
Thursday 18th	Pilton Park and the Canal 4 miles with Lesley D, through woodland, along the canal and up Brynglas Road to admire the view. Start 7 pm. Details by emailed newsletter or Facebook.	
Sunday 21st	A Bassaleg Garden Walk A moderate 6-8 miles, comprising fields, country lanes and riverside. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN. Joint walk with SGR.	
Monday 22nd	No walk planned yet To volunteer to lead a walk, please contact Joanna.	
Thursday 25th	Evening Walk with Merv Start 7 pm. Details by emailed newsletter or Facebook.	
Saturday 27th	Rhoose to Porthkerry Park and Back Norman takes us on an afternoon walk along the coastal path with afternoon tea at Porthkerry Park and the option of an early evening meal at the Font-y-Gary Inn. Approx. 5.5 miles. Meet Discovery Park (Wickes), NP20 5GN. Time TBD.	
Monday 29th	Usk Treasure Hunt Search the lovely town of Usk and maybe win a prize! Led by Dave G. Start 7 pm.	

JULY 2026

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In the event of particularly wet or adverse weather, look for changes announced on email and Facebook.

Thursday 2nd	Evening Walk Start 7 pm. Details by emailed newsletter or Facebook.	
Saturday 4th	Butterfly Conservation in Bridgend Following their talk for us earlier this year, come along to see and hear more about the work of Butterfly Conservation at their Bridgend site. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN.	
Sunday 5th	Pontypridd Circular Join Dave F on a moderate, 12-mile walk from Pontypridd. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN. Joint walk with SGR.	
Monday 6th	Evening Walk with Alan Start 7 pm. Details by emailed newsletter or Facebook.	
Thursday 9th	Evening Walk with Ian Start 7 pm. Details by emailed newsletter or Facebook.	
Friday 10th - Sunday 12th	Weekend Away 2 nights in Trefin, Pembrokeshire. See Lesley M's Wednesday email for details.	
Monday 13th	Pontypool Park Merv leads a walk that includes Pontypool Park. Start 7 pm. Details by emailed newsletter or Facebook.	
Thursday 16th	Evening Walk Start 7 pm. Details by emailed newsletter or Facebook.	
Sunday 19th	Cowbridge Circular Join Chris H on an 8-mile, moderate walk from Cowbridge. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN. Joint walk with SGR.	
Monday 20th	Evening Walk with Ian Start 7 pm. Details by emailed newsletter or Facebook.	
Thursday 23rd	Evening Walk Start 7 pm. Details by emailed newsletter or Facebook.	
Saturday 25th	Caerphilly Mountain Norman takes us on a 6-mile afternoon walk, taking in Caerphilly Mountain, Craig-yr-Allt, part of the Taff Trail and Castell Coch. Meet Discovery Park (Wickes), NP20 5GN. Time TBD.	
Monday 27th	Evening Walk with Chris and Holly Start 7 pm. Details by emailed newsletter or Facebook.	
Thursday 30th	Evening Walk Start 7 pm. Details by emailed newsletter or Facebook.	

AUGUST 2026

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In the event of particularly wet or adverse weather, look for changes announced on email and Facebook.

Sunday 2nd	A Walk with Ian Meet 9.30 am, Discovery Park (Wickes), NP20 5GN. Details by emailed newsletter or Facebook. Joint walk with SGR.	
Monday 3rd	Evening Walk with Alan Start 7 pm. Details by emailed newsletter or Facebook.	
Thursday 6th	Evening Walk with Ian Start 7 pm. Details by emailed newsletter or Facebook.	
Saturday 8th	Annual Barbecue and Walk A short afternoon walk to work up an appetite, followed by an evening barbecue at Rhiwderin Community Centre.	
Monday 10th	Evening Walk with Ian Start 7 pm. Details by emailed newsletter or Facebook.	
Thursday 13th	Evening Walk Start 7 pm. Details by emailed newsletter or Facebook.	
Saturday 15th	Llanfrechfa Walled Garden and Blaen Bran Walk Join Debbie for a 3-4 mile walk in Blaen Bran community woodland, followed by a wander round the walled garden and questions with volunteer Angela. Start 11am.	
Sunday 16th	Clydach Gorge An 8-mile, moderate walk with Lorna. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN. Joint walk with SGR.	
Monday 17th	North Cwmbran with Rob and Merv Start 7 pm. Details by emailed newsletter or Facebook.	
Thursday 20th	Evening Walk Start 7 pm. Details by emailed newsletter or Facebook.	
Saturday 22nd	The Kymin Dorothee takes us up to the Kymin from Redbrook. Meet Discovery Park (Wickes), NP20 5GN. Time TBD.	
Monday 24th	No walk planned yet To volunteer to lead a walk, please contact Joanna.	
Thursday 27th	Evening Walk Start 7 pm. Details by emailed newsletter or Facebook.	
Friday 28th - Tuesday 1st Sep	Weekend Away 4 nights near St. Ives. See Lesley M's Wednesday email for details.	
Monday 31st	No Walk (Bank holiday)	