



# PROGRAMME OF EVENTS

## APRIL / MAY 2026

<p style="text-align: center;"><b><u>MONDAYS</u></b></p> <p><b>Every Monday - Evening Walk</b>  <b>7 pm start</b>          Usually 3 to 4.5 miles. Optional drink and chat afterwards.</p> <p style="text-align: center;"><b><u>THURSDAYS</u></b></p> <p><b>Every Thursday – Evening Walk</b>  <b>7 pm start</b>          Usually 3 to 4.5 miles. Optional drink and chat afterwards.</p> <p><b>N.B.</b> From September to March, Mondays include some indoor events.</p>	<p style="text-align: center;"><b><u>WEEKENDS</u></b></p> <p><b>Countryside walks</b> - 6 to 12 miles, in areas within about 1 hour of Newport. Bring sandwiches, a drink, torch (in winter) and appropriate footwear and clothing.</p> <p><b>Activities and events</b> - Examples include foraging, visits to nature reserves and day trips to markets.</p> <p><b>Meet at the Discovery Retail Park (Wickes), NP20 5GN, usually at 9.30 am.</b></p>
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<p><b><u>WEEKENDS AWAY</u></b></p> <p><b>Weekend walking trips away, once a month.</b>          Usually 2 nights, occasionally longer, e.g. bank holidays.          A bargain at around £30 per night, staying at independent or YHA youth hostels.</p> <p>Led walking in the scenic beauty of the UK – Why not try it?</p> <p><b>Contact our Booking Officer, Alan</b> (<a href="mailto:alanrichardlucas@hotmail.com">alanrichardlucas@hotmail.com</a>)</p>
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<p><b>FURTHER DETAILS OF ALL EVENTS IN THE NEWSLETTER</b> on Tuesdays from <a href="mailto:joanna.r.steiner@gmail.com">joanna.r.steiner@gmail.com</a> and <b>WEEKEND TRIP EMAILS</b> on Wednesdays from <a href="mailto:lesley_mooney@hotmail.co.uk">lesley_mooney@hotmail.co.uk</a></p> <p><b>Facebook</b> <a href="http://www.facebook.com/groups/newportoutdoorgroup">www.facebook.com/groups/newportoutdoorgroup</a></p> <p><b>Website</b> <a href="http://newportoutdoorgroup.co.uk">newportoutdoorgroup.co.uk</a></p>
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Walk Grade	Easy	Moderate	Strenuous
<b>IMPORTANT</b>	Please arrange your own transport to weekends away – we usually ‘car share’.	Dogs must be on a lead at all times. Walk information will state whether it needs to be a short lead.	Occasionally, NOG events may change. Please listen to announcements at NOG events, read emails sent to you, ask a committee member, check the website or Facebook.

<p><b>PARTICIPATION STATEMENT</b></p> <p>All walks and outdoor activities carry risks of accident or injury. Participants should be aware of and accept these risks and be responsible for their own actions. Participants should also ensure that they are in good health, of sufficient fitness and have the correct clothing and equipment for a particular activity. Any questions – ask a committee member or event leader.</p>
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<p><b>ESSENTIAL EQUIPMENT - WEEKEND WALKS AND TRIPS AWAY</b></p> <ol style="list-style-type: none"> <li>1. Waterproof jacket (and trousers) plus warm clothing</li> <li>2. Stout shoes or boots</li> <li>3. Thermal gloves, hat, first aid kit, whistle and survival bag</li> <li>4. Food, drink, map, compass, torch and mobile phone</li> </ol> <p>NB. The tougher and longer the walk, or if the walk is in the mountains and/or in winter, please <u>bring all or more</u> of the above equipment. Haven't got all of it? Ask a committee member or the walk leader beforehand – perhaps you could borrow some.</p>
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<p><b>PROGRAMME ENQUIRIES</b></p> <p>Ask <a href="mailto:joanna.r.steiner@gmail.com">joanna.r.steiner@gmail.com</a> or, if about a weekend away, <a href="mailto:alanrichardlucas@hotmail.com">alanrichardlucas@hotmail.com</a></p>
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## APRIL 2026

Details for Mondays and weekends are usually included in the programme. Thursdays are usually planned a week or two in advance.











In the event of particularly wet or adverse weather, look for changes announced on email and Facebook.

<b>Thursday 2<sup>nd</sup></b>	<b>Evening Walk</b> Start 7 pm. Details by emailed newsletter or Facebook.	
<b>Friday 3<sup>rd</sup></b>	<b>Twmbarlwm Good Friday Pilgrimage</b> A traditional walk up Twmbarlwm from Risca, led by Oliver, with hot cross buns at the top! Meet 10am at Lidl in Risca.	
<b>Monday 6<sup>th</sup></b>	<b>No Walk (Bank holiday)</b>	
<b>Thursday 9<sup>th</sup></b>	<b>Evening Walk</b> Start 7 pm. Details by emailed newsletter or Facebook.	
<b>Wednesday 8<sup>th</sup> to Sunday 12<sup>th</sup></b>	<b>Weekend Away</b> 4 nights in Abersoch, N. Wales. See Lesley M's Wednesday email for details.	
<b>Monday 13<sup>th</sup></b>	<b>Spring Along the Canal</b> Chris and Holly take us on a linear (but not flat) walk along the Brecon canal between Cwmbran and Malpas. Start 7 pm.	
<b>Thursday 16<sup>th</sup></b>	<b>Evening Walk</b> Start 7 pm. Details by emailed newsletter or Facebook.	
<b>Saturday 18<sup>th</sup></b>	<b>Black Dragon Challenge Walk</b> One of our two annual fundraising walks for the Brecon Mountain Rescue Team. Contact Ian to volunteer your help.	
<b>Monday 20<sup>th</sup></b>	<b>St. Julian's and Christchurch</b> A walk through St Julian's Woods and Christchurch with Alan. 3.5 miles. Start 7 pm from St Julian's Inn.	
<b>Thursday 23<sup>rd</sup></b>	<b>Evening Walk</b> Start 7 pm. Details by emailed newsletter or Facebook.	
<b>Saturday 25<sup>th</sup></b>	<b>An Airy Walk from Llanhilledd (Llanhileth) to Glyn Ebwy (Ebbw Vale)</b> Join Ian on an 8-mile linear walk from Llanhileth. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN. Bring a train fare/bank card.	
<b>Monday 27<sup>th</sup></b>	<b>Fox Hill from Rhiwderin</b> Join Chris H on a walk up to Fox Hill via the Sirhowy Valley path. Start 7 pm.	
<b>Thursday 30<sup>th</sup></b>	<b>Evening Walk</b> Start 7 pm. Details by emailed newsletter or Facebook.	

## MAY 2026

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In the event of particularly wet or adverse weather, look for changes announced on email and Facebook.

<b>Sunday 3<sup>rd</sup></b>	<b>Much Marcle</b> Dave and Lorna take us on a moderate walk from Much Marcle. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN.	
<b>Monday 4<sup>th</sup></b>	<b>No Walk (Bank holiday)</b>	
<b>Thursday 7<sup>th</sup></b>	<b>Evening Walk</b> Start 7 pm. Details by emailed newsletter or Facebook.	
<b>Saturday 9<sup>th</sup></b>	<b>Walk Around the Bloreng</b> Join Oliver and Rachel on a moderate, 6-mile walk from Keeper's Pond. Meet 10 am at Pen-ffordd-goch Pond car park.	
<b>Monday 11<sup>th</sup></b>	<b>Lower Ridgeway Circular</b> A walk from the lakes near Blaen-y-Pant Crescent to Allt-yr-Yn nature reserve and back with Merv. Start 7 pm.	
<b>Thursday 14<sup>th</sup></b>	<b>Evening Walk</b> Start 7 pm. Details by emailed newsletter or Facebook.	
<b>Sunday 17<sup>th</sup></b>	<b>Vale of Berkley</b> Join Chris H on an 8-mile, easy walk through the vale. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN.	
<b>Monday 18<sup>th</sup></b>	<b>An Evening Walk with Ian</b> Details by emailed newsletter or Facebook. Start 7 pm.	
<b>Thursday 21<sup>st</sup></b>	<b>Evening Walk</b> Start 7 pm. Details by emailed newsletter or Facebook.	
<b>Sunday 24<sup>th</sup></b>	<b>Fan Frynych from the Mountain Centre</b> Ian takes us on an 8-mile, moderate ascent of one of the lower mountains in the National Park. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN.	
<b>Monday 25<sup>th</sup></b>	<b>No Walk (Bank holiday)</b>	
<b>Thursday 28<sup>th</sup></b>	<b>Evening Walk</b> Start 7 pm. Details by emailed newsletter or Facebook.	
<b>Fri 29th May to Wed 3<sup>rd</sup> Jun</b>	<b>Weekend Away</b> 3 nights in Hawkshead and/or 2 nights in Ambleside. See Lesley M's Wednesday email for details.	