



PROGRAMME OF EVENTS

JANUARY / FEBRUARY 2026

<u>MONDAYS</u>	<u>THURSDAYS</u>
<u>1st Monday of the month – Afternoon Walk</u> Meet 12.30 pm, Discovery Retail Park (Wickes), NP20 5GN.	<u>Every Thursday – Evening Walk</u> 7 pm start. Optional drink and chat afterwards.
<u>2nd, 4th and 5th Monday – Indoor Event</u> Guest speaker, slide show, quiz, etc. Meet 6.45 for 7 pm, Ridgeway Community Centre, Ridgeway Hill, NP20 5DG. Refreshments provided.	<u>WEEKEND WALKS</u> Countryside walks of 6 to 12 miles, in areas within about 1 hour of Newport. Bring sandwiches, a drink, torch (in winter) and appropriate footwear and clothing. Meet at the Discovery Retail Park (Wickes), NP20 5GN, usually at 9.30 am.
<u>WEEKENDS AWAY</u> Weekend walking trips away, once a month. Usually 2 nights, occasionally longer, e.g. bank holidays. A bargain at around £30 per night, staying at independent or YHA youth hostels. Led walking in the scenic beauty of the UK – Why not try it? Contact our Booking Officer, Alan (alanrichardlucas@hotmail.com)	
FURTHER DETAILS OF ALL EVENTS IN THE NEWSLETTER on Tuesdays from joanna.r.steiner@gmail.com and WEEKEND TRIP EMAILS on Wednesdays from lesley_mooney@hotmail.co.uk	
Facebook www.facebook.com/groups/newportoutdoorgroup Website newportoutdoorgroup.co.uk	

Walk Grade	Easy	Moderate	Strenuous
IMPORTANT	Please arrange your own transport to weekends away – we usually 'car share'.	Dogs must be on a lead at all times. Walk information will state whether it needs to be a short lead.	Occasionally, NOG events may change. Please listen to announcements at NOG events, read emails sent to you, ask a committee member, check the website or Facebook.

PARTICIPATION STATEMENT
All walks and outdoor activities carry risks of accident or injury. Participants should be aware of and accept these risks and be responsible for their own actions. Participants should also ensure that they are in good health, of sufficient fitness and have the correct clothing and equipment for a particular activity. Any questions – ask a committee member or event leader.

ESSENTIAL EQUIPMENT - WEEKEND WALKS AND TRIPS AWAY
1. Waterproof jacket (and trousers) plus warm clothing 2. Stout shoes or boots 3. Thermal gloves, hat, first aid kit, whistle and survival bag 4. Food, drink, map, compass, torch and mobile phone NB. The tougher and longer the walk, or if the walk is in the mountains and/or in winter, please <u>bring all or more</u> of the above equipment. Haven't got all of it? Ask a committee member or the walk leader beforehand – perhaps you could borrow some.

PROGRAMME ENQUIRIES
Ask joanna.r.steiner@gmail.com or, if about a weekend away, alanrichardlucas@hotmail.com

JANUARY 2026

In the event of particularly wet or adverse weather, look for changes announced on email and Facebook.

Mon 29 th Dec to Fri 2 nd Jan	New Year Trip to Cumulus Outdoor Centre, Swanage, Dorset Spaces available. See Lesley's Wednesday emails for details.	
Thursday 1 st	No Walk - Happy New Year!	
Sat 3rd/Sun 4th	No Walk (because of New Year trip)	
Monday 5 th	Sirhowy Valley Country Park (Afternoon Walk) Chris H takes us on an easy, 5-mile walk through Lower Sirhowy Valley Country Park from near Cross Keys. Meet 12.30 pm, location TBD.	
Thursday 8 th	Evening Walk Start 7 pm. Details by emailed newsletter or Facebook.	
Saturday 10 th	Mynydd Eglwysilan 7-mile linear mountain walk from Caerphilly with Alan. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN.	
Monday 12 th	Skittles at the St Julian Inn Play a few games and have a drink and a chat. Start 7 pm, St Julian Inn, Caerleon Road, NP18 1QA	
Thursday 15 th	Evening Walk Start 7 pm. Details by emailed newsletter or Facebook.	
Sunday 18 th	Steart Marshes Nature Reserve A talk and guided walk at a fascinating reserve near Bridgwater. Meet 8.45 am , Discovery Park (Wickes), NP20 5GN.	
Monday 19 th	Ridgeway Circular 3.5-mile walk with Roz, starting at 7 pm from the top of Ridgeway Avenue.	
Thursday 22 nd	Evening Walk Start 7 pm. Details by emailed newsletter or Facebook.	
Friday 23rd to Sunday 25th	Weekend Away - Exmouth Country Lodge Spaces available. See Lesley's Wednesday emails for details.	
Sunday 25 th	Clifton Suspension Bridge, Avon Gorge and Bristol Quays A repeat, by popular demand, of Clive's 6-mile central Bristol walk. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN.	
Monday 26 th	Merv's Map Quiz A chance to hone your skills whilst having fun! Start 7 pm at Ridgeway Community Centre, Ridgeway Hill, NP20 5DG.	
Thursday 29 th	Evening Walk Start 7 pm. Details by emailed newsletter or Facebook.	
Saturday 31st	Ogmore is SO bracing! 8-10 miles via St Brides Major and Merthyr Mawr and St Teilo's Church with Lindsay. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN.	

FEBRUARY 2026

In the event of particularly wet or adverse weather, look for changes announced on email and Facebook.

Monday 2 nd	Exploring the City (Afternoon Walk) Alan's 5-mile exploration of some lesser-seen parts of Newport, with a coffee (or something stronger) stop in the centre. Meet 12.30 pm, Discovery Park (Wickes), NP20 5GN.	
Thursday 5 th	Evening Walk Start 7 pm. Details by emailed newsletter or Facebook.	
Sunday 8 th	Tintern Abbey to Chepstow Linear 8-mile walk to Chepstow from Tintern Abbey with Ivor. Meet <u>8.45 am</u> , Discovery Park (Wickes), NP20 5GN. (We will take a bus from Chepstow to Tintern Abbey then walk back to Chepstow.)	
Monday 9 th	Learn to Make Sourdough! Tim teaches us how to make sourdough bread and lets us try one of his freshly-baked loaves. Starts 7 pm at St. Mary's Church, Malpas, NP20 6GQ .	
Thursday 12 th	Evening Walk Start 7 pm. Details by emailed newsletter or Facebook.	
Sunday 15 th	Bream Heritage Trail A 6.5-mile walk from Bream, Forest of Dean, with Steve and Ivor. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN.	
Monday 16 th	Evening Walk Start 7 pm. Details by emailed newsletter or Facebook.	
Thursday 19 th	Evening Walk Start 7 pm. Details by emailed newsletter or Facebook.	
Sunday 22 nd	Back to My Roots - Pontymoile / Mynydd Maen Circular 9-10 miles of heathland, canal and industrial heritage with Lindsay. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN.	
Monday 23 rd	Butterflies in Wild Spaces Sammy Fraser from Butterfly Conservation tells us all about their Wild Spaces programme and what action local communities can take for butterflies and moths in urban landscapes. Starts 7 pm at Ridgeway Community Centre, Ridgeway Hill, NP20 5DG.	
Thursday 26 th	Evening Walk Start 7 pm. Details by emailed newsletter or Facebook.	
Fri 27 th Feb to Sun 1 st March	Weekend Away - Beddingham, Sussex Downs Two nights in Lewes for £50. Spaces still available. See Lesley M's Wednesday emails for details.	