

KEY TO WALKS AND CYCLE RIDES			
Walk Grade	Easy 	Moderate 	Strenuous 
Cycle Ride Grade	Easy 	Moderate 	Strenuous 

IMPORTANT NOTICE	Please arrange your own transport to weekends away – we usually 'car share'.
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PARTICIPATION STATEMENT

All walks and outdoor activities carry risks of accident or injury. Participants should be aware of and accept these risks and be responsible for their own actions. Participants should also ensure that they are in good health, of sufficient fitness and have the correct clothing and equipment for a particular activity. Any questions – ask a committee member or event leader.

ESSENTIAL EQUIPMENT - GROUP WALKS AND WEEKENDS AWAY

1. Waterproof jacket and trousers plus warm clothing
2. Stout shoes or boots
3. Thermal gloves, hat, first aid kit, whistle and survival bag
4. Food, drink, map, compass, torch and mobile phone

NB. The tougher, the longer the walk or, if the walk is in the mountains and/or in winter, please bring all or more of the above equipment. Haven't got all of it ? Ask a committee member or the walk leader beforehand – perhaps you could borrow some.

PROGRAMME ENQUIRIES

Ask joanna.r.steiner@gmail.com or, if about a weekend away, alanrichardlucas@hotmail.com

DOGS ON WALKS – ONLY ON A LEAD PLEASE

Changes to the programme. Occasionally Group events may change. Please listen to announcements at Group events, read e mails sent to you, ask a committee member, check the web site or Facebook.



PROGRAMME OF EVENTS **SEPTEMBER and OCTOBER 2025**



facebook.com/groups/newportoutdoorgroup/

www.newportoutdoorgroup.co.uk

NEWPORT OUTDOOR GROUP - SEPTEMBER and OCTOBER 2025

MONDAYS from October

1st Monday of the month – Afternoon Walk
Meet 12.30 pm, Discovery Retail Park (Wickes),
NP20 5GN.

2nd, 4th and 5th Monday – Indoor Event
Guest speaker, slide show, quiz, etc.
Meet 6.45 for 7 pm. Ridgeway Community Centre,
Ridgeway Hill, NP20 5DG. Refreshments provided.

3rd Monday - Evening walk
7 pm start.
Optional drink and chat afterwards.

THURSDAYS

Evening walk – every Thursday
7 pm start.

Optional drink and chat afterwards.

WEEKEND WALKS

Countryside walks of 6 to 12 miles, in areas within about 1 hour of Newport.
Bring sandwiches, a drink, torch (in winter) and appropriate footwear and clothing.
Meet at the Discovery Retail Park (Wickes), NP20 5GN, usually at 9.30 am.

FURTHER DETAILS OF ALL EVENTS IN THE NEWSLETTER on Tuesdays from joanna.r.steiner@gmail.com
Facebook www.facebook.com/groups/newportoutdoorgroup

WEEKENDS AWAY

Weekend walking trips away, once a month. Details in a separate Newsletter sent Wednesday evenings.
Usually 2 nights ; occasionally longer – eg Bank Holidays.
A bargain at around £ 30 per night, staying at independent or the national organisation's Youth Hostels.
Led walking in the scenic beauty of the UK – why not try it ?
Contact our Booking Officer, Alan.

SEPTEMBER 2025

In the event of particularly wet or adverse weather, look for changes announced on E Mail and Facebook.

Monday 1st	Evening Walk. Start 7 pm. Details by e mailed Newsletter or Facebook.	
Thursday 4th	Evening Walk. Start 7 pm. Details by e mailed Newsletter or Facebook.	
Saturday 6th	Bring-your-own Picnic and Social – Belle Vue Park. Bring yourself, friends and picnic items and catch up with your NOG friends. 12.00 midday at NP20 4FP.	
Sunday 7th	Nigel's Gelligaer Common Exploration. An easy-going 11 mile walk led by local-boy Nigel, in an area less frequented by this Group. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN.	
Monday 8th	Evening Walk. Start 7 pm. Details by e mailed Newsletter or Facebook.	
Thursday 11th	Evening Walk. Start 7 pm. Details by e mailed Newsletter or Facebook.	
Saturday 13th	Cyfarthfa Castle – Melting Pot of Welsh Industrial History. Alan takes us on an 8 mile walk in the Merthyr area, now a green and pleasant area. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN.	
Monday 15th	Evening Walk. Start 7 pm. Details by e mailed Newsletter or Facebook.	
Thursday 18th	Evening Walk. Start 7 pm. Details by e mailed Newsletter or Facebook.	
Sunday 21st	Partricio Church and Twyn-y-Gaer Hill Fort. A Grade 1 Listed Church and an ancient hill fort in the Black Mountains. 8 miles led by Ian. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN.	
Monday 22nd	John Wesley and his Local Links – an Evening Talk. A Group member has a fascinating new talk for us. Starts 7 pm Ridgeway Community Centre.	
Thursday 25th	Evening Walk. Start 7 pm. Details by e mailed Newsletter or Facebook.	
Saturday 27th	BEAT the BEACONS. Your help needed to operate our September fund-raising challenge walk please . In aid of Brecon Mountain Rescue Team.	
Monday 29th	Evening Walk. Start 7 pm. Details by e mailed Newsletter or Facebook.	

OCTOBER 2025

In the event of particularly wet or adverse weather, look for changes announced on E Mail and Facebook.

Thursday 2nd	Annual General Meeting. Please do come and see what's happened and will happen in the Group ... or how about joining the Committee ? 7 pm at Rhiwderyn Community Centre.	
Friday 3rd to Sunday 5th	Baskerville Hall, Hay-on-Wye. 2 nights away in 'Kilvert Country' with a bit of wolf hunting as well, perhaps ! £75 bed and breakfast. Contact Booking Officer, Alan.	
Monday 6th	Afternoon Walk. Meet 12.30 pm, Discovery Park (Wickes), NP20 5GN.	
Thursday 9th	Evening Walk. Start 7 pm. Details by e mailed Newsletter or Facebook.	
Saturday 11th	Rhymney Valley Ridgeway – the concluding part. Juping takes us on the last section of this local long-distance path. About 8 miles. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN.	
Monday 13th	Lest we Forget - Commonwealth War Graves. Our very own member Deserie tells us all about the work of the CWGC and her involvement. Starts 7 pm Ridgeway Community Centre.	
Thursday 16th	Evening Walk. Start 7 pm. Details by e mailed Newsletter or Facebook.	
Sunday 19th	The Vale of Berkeley. A gentle exploration of the Vale, led with the local knowledge of Chris H. 8 miles. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN.	
Monday 20th	Evening Walk. Start 7 pm. Details by e mailed Newsletter or Facebook.	
Thursday 23rd	Evening Walk. Start 7 pm. Details by e mailed Newsletter or Facebook.	
Sunday 26th	Margam Park with a Halloween Theme. Lindsay leads us on a 10 mile circuit of this historic country park. Meet 9.30 am, Discovery Park (Wickes), NP20 5GN.	
Monday 27th	Landscape and Life in the Eastern Balkans. NOG member Nigel takes us on a pictorial tour of Kosovo, North Macedonia and Albania. Starts 7 pm Ridgeway Community Centre.	
Thursday 30th	Evening Walk. Start 7 pm. Details by e mailed Newsletter or Facebook.	